



2020 MNHPC Fall Forum and Florence Schorske Wald Lecture  
**Reimagining How We Die: Innovation and Transformation**

Friday, November 13, 2020 | Virtual

### **AGENDA**

<b>10:00am – 10:15am</b>	Welcome and Overview of Day
<b>10:15am – 12:00pm</b>	Reflections on the Past, Present, and Future of End-of-Life Care <ul style="list-style-type: none"><li>• <b>Past:</b> <i>What is your calling, and where are you now in your own hero's journey?</i></li><li>• <b>Present:</b> <i>What is your fear about these innovations? What is the greater purpose you see in terms of their value and/or contributions to the evolution of EOL care?</i></li><li>• <b>Future:</b> <i>How can we imagine differently what our end-of-life care looks like? What are the possibilities for disruptive innovation in 2020?</i></li></ul>
<b>12:00pm – 1:00pm</b>	<b>Break for Lunch</b>
<b>1:00pm – 1:10pm</b>	Angeles Arrien: Path of the Healer
<b>1:10pm – 1:40pm</b>	Overview of End-of-Life Practitioner Wisdom <ul style="list-style-type: none"><li>• Skills and capacities</li><li>• Different kinds of knowing</li><li>• Additional ideas from the group</li></ul>
<b>1:40pm – 2:00pm</b>	Small Group Breakouts <ul style="list-style-type: none"><li>• <i>What is the wisdom that hospice and palliative care practitioners bring to this emerging 'death positive' conversation?</i></li><li>• <i>Where do you see opportunities to build bridges or collaborate with the mostly lay group of end-of-life innovators?</i></li></ul>
<b>2:00pm – 2:20pm</b>	Themes and Great Ideas from Breakouts
<b>2:20pm – 2:25pm</b>	Next Steps for Self-Development & Service: Personal, Professional Organizational
<b>2:25pm – 2:30pm</b>	Self-Compassion & Resilience to Sustain our Work
<b>2:30pm – 2:50pm</b>	Experiential Practice: "Goodbye to Hands + Four Things that Matter Most"
<b>2:50pm – 3:00pm</b>	Closing Ritual



## Janet Booth, MA, RN, NC-BC

Janet Booth has worked as a nurse for over 34 years within the intersection of quality of life and end of life, and she is deeply curious about what creates and sustains wellbeing throughout the human experience.

Her initiation into the world of death and dying came during nursing school as an unexpected calling. She had started school with the intention of becoming a midwife and helping birth babies. But then she heard a clear call to serve instead as a midwife for the dying. Since that time, Jan has never looked back. Her work trajectory has taken her from the bedside of hospice and palliative care patients to supporting the wellbeing of caregivers, and now into the larger community to further open our cultural conversation about end of life.

As an Integrative Nurse Coach, Jan focuses on the practice of wellbeing in aging, illness, and dying. She supports people in navigating serious illness, help families to talk more openly about end-of-life priorities, and provides health coaching for both professional and personal/ family caregivers.

She serves as faculty for both the Conscious Dying Institute's end-of-life coaching and doula programs, and for the Integrative Nurse Coach Academy's certificate programs. Her book, *Re-imagining the End of Life: Self-Development and Reflective Practices for Nurse Coaches*, won the American Journal of Nursing's Best Books of 2019 award in the categories of Palliative Care & Hospice and Professional Issues.



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